



Finland Hockey Federation anti-doping program

Updated 2/2022

The activities of the Finnish Hockey Association are based on the ethical values of physical activity and the principles of fair play in sports. This program purpose omni nocte assemble Finland Hockey Federation activities anti-doping activities.

Anti-doping programs aim to protect the health of athletes and provide them with the opportunity to pursue outstanding performance without the use of prohibited substances and methods. Anti-doping programmes aim to support: honest sport promote rules and with competitor Respect, fair competition, fair competition and the value of clean sport all over the world. The Finnish Hockey Federation undertakes to comply with the current Finnish Anti-Doping Code.

Union anti-doping program approve union government and its update respond union anti-doping officer. The programme is published on the Federation's website and its implementation is reported in the Annual Report.

table of contents

1. General anti-doping activities
 - 1.1 What is doping?
 - 1.2 The Anti-Doping Code
 - 1.3 Organisation of anti-doping activities in Finland
 - 1.4 Testing activities
2. Finnish Hockey Association's anti-dop activities
 - 2.1 Objectives of the Finnish Hockey Association's anti-doping work
 - 2.2 Responsible persons and responsibilities of the organisation
 - 2.3 Action in a crisis situation
 - 2.4 regulations
3. Preventive action
 - 3.1 General
 - 3.2 education
 - 3.3 Information and communication
4. Monitoring and development

1. General anti-doping activities

1.1 what is it doping?

Doping refers to conditions and methods that are defined in the Finnish Anti-Doping Code and the World Anti-Doping Agency WADA's list of prohibited substances and methods. Athletes or other sport with active persons responsibility omni nocte take find out, which substance Both methods are prohibited at any given time and what else may be an anti-doping rule violation. The athlete is always responsible for what is found in his or her body in a possible doping test..

Finland anti-doping regulations 2021 by doping violation are:

- Prohibited substance or evidence of the use of a prohibited method in a specimen taken from the athlete's body
- Use of a prohibited substance or method
- Refusing to take a doping test or avoiding a doping test
- whereabouts data regulation neglect
- Manipulation of doping control or test
- Possession of doping substances
- Dissemination of doping substances and methods
- Promoting doping
- Involvement and
- Prohibited collaboration.
- Intimidation of or retaliation against the whistleblower.

Finland receivables prescription and self-care medicinal product butter check Finland sport ethical maintained by the Centre KAMU Medical Search. Medical Search no contains special permit preparations and no dietary supplements or other non-medical products. If the disease requires the use of a prohibited drug and there is no permitted alternative to it, an athlete can apply for [exemption](#) In accordance with WADA's International Standard for Exemptions.

1.2. The Anti-Doping Code

The Anti-Doping Code omni nocte rule collection, which guide in sports function conditions. The aim of the Anti-Doping Code is to enforce the Anti-Doping Principles globally and uniformly. It is distinct in nature from criminal and civil proceedings and is not intended to be subject to or limited by national requirements and legal standards applicable to such proceedings. However, it should be applied with respect for the principles of proportionality and human rights.

The Anti-Doping Code concern In Finland all national national sport association and national sport association under Athletes and support persons for athletes involved in the activity, regardless of their level of hobby.

1.3 Anti-doping activities organization In Finland

Finland sport ethical center FINCIS respond everything doping monitoring related activities Finland. The aim of doping control is to prevent the use of doping and detect doping violations. Doping control includes doping testing in and out of competitions. Doping control is also the long-term follow-up of an athlete using an athlete's biological passport and location information system, as well as cooperation and exchange of information with various anti-doping organisations, customs and the police, among others. Long-term preservation and re-analysis of samples are also among the means of control.

Each omni nocte right Announcement, if Doubts about doping, competition manipulation or a spectator safety violation or other ethical violation in sports. By addressing violations, athletes and sport are protected and protected. equal and safe premise all [a]round for athletes. Sports Violations butter give information anonymously in the ILMO service maintained by FINCIS, which can be found at: <https://ilmo.suek.fi/>

Doping Control purpose omni nocte

- prevent the use of substances and processes that are hazardous to health and/or improve performance,
- to safeguard the right of athletes to fair and clean competition,
- defend the fairness and reliability of future sport; and
- Respecting the ethics of sport and medicine

1.4 Testing activities

Doping Tests cause athlete In Finland FINCIS, world anti-doping agency WADA and international sport federations. The practice of testing in Finland is most often carried out by a test group authorized by FINCIS. Finnish athletes can also be tested abroad by the national anti-doping organisation of the country in question.

Samples analyze WADA Accredited and Controlled in laboratories.

Doping Tests Both in competitions and outside of competitions. principally for analysis take a urine sample, sometimes also blood sample. Tests perform most often in advance without report yes said as surprise tests. Athletes are selected for doping tests in a targeted manner or by drawing lots.

In international competitions organised in Finland, the International Federation of Sports is responsible for testing and processing the results. The National Federation of Sports must agree on the organisation of doping testing for international competitions and expenditure pay International Federation of Species already in the competition agreement when testing implementation respond competition organizer international national sport association impose way together with the anti-doping organisation carrying out the testing. In Finland, testing is usually carried out by FINCIS.

The organizer of the competitions is obliged to make it possible to conduct doping tests in accordance with the rules competition in association with. in practice national and international major competition organisers should be prepared for possible doping tests by, for example, booking testing facilities and appointing responsible persons in advance.

if competition no other source ordered implement doping testing, FINCIS butter international with the approval of the Federation or WADA to conduct doping tests in that competition.

FINCIS follow test procedure WADA the doping testing standard. The test situation instructions and activities may be updated from time to time. The latest instructions for testing can be found on the FINCIS website.

2. Hockey Federation anti-doping activities

2.1 Finland Hockey Federation anti-doping work objective

Finland Hockey Federation no accept doping anywhere in form. Union aim omni nocte cherish pure sports and guarantee to all its members the right to fair and equal exercise and sport. Achieving results through honest means creates a sustainable foundation for all the activities of the union.

The Federation aims to disseminate anti-doping knowledge through information and training to all those involved in the sport. The goal is for all species actors to understand what doping is and how we can act on our own. prevent doping violation from birth. union work openly together with those involved in anti-doping work.

The Federation and its members are committed to the current Anti-Doping Code of the Finnish Anti-Doping Commission, and thereby to the Doping Code of the International Olympic Committee and the International Hockey Federation (FIH), as well as to the Council of Europe Convention against Doping, the Nordic Anti-Doping Convention. and Finland Signed other anti-doping agreement in accordance with rules.

2.2 Organization person in charge and - task

The Finnish Hockey Federation's anti-doping program is approved by the Federation's Board of Directors. Main responsibility for updating the anti-doping program omni nocte named anti-doping activities similar person. For communication and The Communications Officer is responsible for matters relating to the provision of information.

Union common anti-doping training respond development committee together anti-doping responsible with. The National Teams Anti-Doping Training is the responsibility of the Top Sports Committee and other training related to coaching is the responsibility of the Development Committee.

2.3 activities in crisis situation

FINCIS announce secretary general or chairman suspect of doping violations. Positively In connection with the test result, matters and measures related to the result will be investigated with FINCIS. The Hockey Federation commits to help FINCIS in resolving a possible doping violation. The Federation also reports to FINCIS any information that suggests or relates to an anti-doping rule violation.

Doping violations relative to inform respond union Communications Officer. Communications Officer decide, together with the Chair, on the timing, manner and other details of the communication, taking into account the confidentiality of the information. FINCIS can help you write a bulletin if needed.

Before sending a press release, the board of the union is informed. At the same time, a timetable for information and rules of the game. For the media tell case as... as possible quickly first information after. The responsibility for commenting shall be limited to the Chairman.

The secretary general, the chairman or the coach deals with the athlete in the case. The goal is to get the athlete to tell things openly, in detail and honestly. In cases of doping, efforts are also made to help and support the captured athlete. The procedure is agreed upon by the club/team represented by the athlete with. if violation omni nocte come intoxicating substance of use, Caught help to seek suitable treatment for him.

2.4 regulations

Union operating and rules on competition define as follows:

Code of Conduct 7 § commitment anti-doping activities

union and its members have committed at a given time valid substantive Finland The Doping Code of the Anti-Doping Commission and, through it, the International Olympic Committee and the International Hockey Federation

The doping code and the Council of Europe Convention against Doping, the Nordic Anti-Doping Convention and Finland Signed other anti-doping agreement in accordance with rules.

rules of the competition § 12 Anti-doping regulations

Competition activities participate condition is, that union and its member prayer meeting and player undertake to comply with the current Finnish Hockey Association Anti-Doping Programme and the regulations mentioned therein (Finnish Centre for Sports Ethics =SUEK and World Anti-Doping Agency =WADA).

All athletes and licensed players participating in the Federation's competition and national team activities are subject to doping testing in and out of competitions. In the main series there will be players, coaches and other employee and club between agreement be preventive anti-doping regulations and the obligation of the player, coach and other staff member to commit to the above anti-doping rules and regulations.

On request, the main league teams must provide FINCIS with the team's training venue information. The club should actively inform their teams, players, coaches and others about the anti-doping regulations of the Federation and FINCIS. to their staff members, and share for them at a given time valid substantive FINCIS maintained by "Prohibited substances and methods in sport" list.

The club, through its coaches and other staff members, must inform players under the age of 18. guardian union and FINCIS anti-doping regulation and guide junior and these Caregivers in compliance with the principles of clean sport and anti-doping regulations.

The players, coach and the others clerical staff have obliged before competition participate Get to know the existing regulations. It is the club's duty to ensure that all its players, coaches and other officers comply with the provisions of this section. A penalty may be imposed on the club, player, coach and other staff member in accordance with the Federation's competition rules if it intentionally or negligently fails to comply with its obligations under this section or commits an anti-doping rule violation.

Each over 16-year-old The player, coach and officer will perform FINCIS purely best - education.

rules of the competition 13 §Doping violations.

The Doping Violation commit that,

- a. which contains in the sample a prohibited substance, its metabolite or tracer;
- b. who uses or has attempted to use a prohibited substance or method;
- c. who refuses to take an anti-doping test, fails to show up for an anti-doping test or fails to give a sample after being invited to take a test, or who otherwise avoids an anti-doping test;
- d. who avoids doping control by failing to comply with their duty to report location data based on the Anti-Doping Code and is therefore inaccessible to out-of-competition testing;
- e. who manipulates or attempts to manipulate an anti-doping control or test;
- f. possess a prohibited substance or material or equipment related to a prohibited method;
- g. which distributes a prohibited substance or material or equipment related to a prohibited method;
- h. who disposes of or attempts to dispose of any prohibited substance or method to an athlete during or outside the competition;

- i. Partly responsible for another's anti-doping rule violation. Part of the blame is any form of encouragement, incitement, assistance, promotion, cover-up or other form of intentional involvement in, and attempt to commit, an anti-doping rule violation;
- j. who cooperates with an athlete, his or her support person or any other person subject to the Code in any professional or sport-related activity.

Penalties order always to the party, which commit Finland The Anti-Doping Code or For anti-doping violations as defined in the World Anti-Doping Code, in or out of competitions.

In an anti-doping rule violation comply with at a given time valid substantive anti-doping regulation and they The aforementioned penalties. As of 1 January 2021, disciplinary power in doping matters is exercised by the disciplinary body mentioned in the current Finnish Anti-Doping Code.

3. preventive activities

3.1 General

Sports clubs omni nocte significant task clean sport as a promoter. high-quality leisure activities create The foundation for lifelong mobility and healthy lifestyles. The sports club must have a clear value base on which the club's educational goals and activities are based. The common rules of the club and the principles of fair play must be reflected in all activities.

Anti-doping education must be part of the club's educational activities. In youth sports, anti-doping education means teaching healthy lifestyles, substance abuse, healthy nutrition, and fair play. These lay the foundation for the development of a world of values and provide the capacity to make ethically sustainable choices later on. When moving from sports for children to competitive sports for young people, anti-doping issues can be raised in game rules discussions. Purely sport commitment omni nocte part joint rule Commitment and respect for the rules of sport.

In adult exercise and top sports, athletes, coaches and club management should be aware of all antidop rules, exemption regulation and own their responsibilities. The Athlete, also The minor, There is always a responsibility to use doping. The athlete has He is also responsible for not For example, accidentally Eat medications or dietary supplements that contain banned drugs.

3.2 education

The association educates and distributes anti-doping information to trust management, union trainers, national team athletes, club members and others involved in the sport. The goal is for all educated to understand the use of doping related danger and internalize fair and clean sport meaning. union require all players, coaches and staff over the age of 16 to complete FINCIS's Purely Best online training.

The Federation provides annual anti-dop training and information sessions for athletes and club operators through various training sessions. in association with. Anti-doping training order FINCIS. Union person in charge maintain their anti-doping expertise by participating in FINCIS trainings.

3.3 Information and communication

Hockey Federation undertake transmit topical anti-doping issue union official on the canals, as on the union's website, in social media and in follow-up emails. FINCIS bulletins are sent to clubs and teams. The Federation invites FINCIS to participate in larger events of the sport at its own demonstration point.

union participate doping against campaigns.

4. monitoring and development

Union anti-doping unit follow program realization regularly and direction activities where appropriate, new development projects to be included in the action plan.

measure	person in charge
Each player, coach and staff member over the age of 16 must: complete FINCIS's purely best-of-breed training.	
The Federation organises anti-doping training for players and other actors.	development committee
Federation participates in anti-doping training organised by FINCIS	antidoping responsible
The competition organisers ensure that in international competitions and SM- The games have the necessary facilities and responsible persons for doping testing	competition committee / Organizer of the competition
The Federation's newsletter provides anti-doping news	communications responsible
The union's anti-doping program will be updated as necessary	antidoping responsible
FINCIS is invited to hold a showcase for international competitions.	competition director
The Federation's website contains the Federation's anti-doping programme and links to the ILMO, KAMU services and Purely Best training	communications responsible
The Association's action plan and report shall address: anti-doping issue	president

Links and further information on the subject: [KAMU Drug Search](#)
[Prohibited substance and method in sports](#) [Exemption from Athletes' Medication](#) [DISCLOSURE OF SPORT INFRINGEMENTS](#)